




# Pilgrim Kids Care 5K Fun Run and Kids' Run

## Please fill out one form per participant.

All forms must be complete and signed or registration will not be accepted.

Mail to: Pilgrim Lutheran Church and School, 4300 N. Winchester, Chicago, IL 60613

<b>Pilgrim Fun Run</b> <b>October 23, 2010</b> <b>Lakefront, at Montrose</b>		<b>Early Registration (thru Oct. 1)</b>	<b>Late Registration (after Oct. 1)</b>
		<b>5K Fun Run</b> 9:00am start	\$20.00
<b>Kids Run (ages 3-12)</b> 10:00am start		\$10.00	\$15.00

*NOTE: Participants will receive a t-shirt and goodie bag with paid registration while supplies last. T-shirts and goodie bags will be guaranteed to those who register by the Early Registration deadline.*

**EVENT:** (check one)       **5K Fun Run**       **Kids Run**

Name (please print) \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Email: \_\_\_\_\_

### T-shirt Size (circle one)

Youth Small      Youth Medium      Youth Large      Adult Medium      Adult Large      Adult X-Large

**Registration Fee (see box above)**      \$ \_\_\_\_\_

**Optional Gift to Pilgrim Kids Care**      \$ \_\_\_\_\_

**Total Payment**      \$ \_\_\_\_\_

**Method of Payment**       Check (payable to Pilgrim Lutheran Church and School)       Cash

Credit Card (MasterCard or Visa only) - Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Mail (or bring) your check and this form to Pilgrim Lutheran Church and School, 4300 N. Winchester, Chicago, IL 60613. Registration fees are nonrefundable and nontransferable. Shirts will not be mailed.

Pilgrim Church and School is committed to conducting its 5K Fun Run and Kid's Fun Run in a safe manner and holds the safety of the participants in high regard. We continually strive to reduce such risks and insist that all participants follow safety rules and instructions that are designed to protect the participant's safety. However, participants and parents/guardians of minors registering for this activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or recently suffered an illness, injury, or impairment, to consult a physician before undertaking any physical activity.

#### Hold Harmless Agreement

In consideration for my right to participate in Pilgrim Kids Care run, I for myself, my heirs, executors and administrators, hereby release Pilgrim Lutheran Church and School and the Chicago Park District, and any of its officers and employees, and all other sponsors of the run from all claims for injury or damage to persons or property sustained by me or by any third party arising out of, caused by or resulting from my participation and hereby agree to indemnify and hold said parties harmless from any such claims, and all expense arising there from. I further warrant that I have trained for a race of this distance and under these weather conditions and state that I am fit to enter. I also participate with knowledge and understanding of any recommendations made by my physician or medical service.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature if participant is under 18 \_\_\_\_\_

